

DR KENNETH KIMMEL  
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[www.lawrenceintmed.com](http://www.lawrenceintmed.com)

## PREPARATION FOR UPPER GASTROINTESTINAL ENDOSCOPY (EGD)

Your appointment is at Lawrence Memorial Hospital on

Please arrive at \_\_\_\_\_ and check-in at admissions on the west side (Arkansas street). You must be accompanied by a responsible adult.

1. Please do not take anything by mouth after midnight the night before your procedure. This includes medications.
2. Do not wear contact lenses, tongue or lip rings, lipstick, mascara, fingernail polish or other cosmetics to your appointment.
3. Please bring a complete list of your medications. You may write them down on the back of this sheet and bring this with you to your appointment. You must also bring your identification and insurance cards.
4. You will be sedated for your procedure. A **RESPONSIBLE ADULT** must drive you to the procedure, **remain with you** at the hospital throughout the procedure, and drive you home afterwards. Post-procedure instructions and procedure results will be given to this responsible adult.
5. If you take Coumadin/Warfarin, or Insulin or if you have heart or kidney failure, please contact your primary care physician for any special instructions.
6. Do not plan to operate machinery or conduct important business for at least 12 hours after your procedure. You will be at LMH for approximately 2.5 hours.
7. This time is reserved for you. Please, no schedule changes within 72 hours of your procedure.
8. If, after your procedure has been scheduled, but before your procedure is performed, your insurance coverage changes, contact Dr. Kimmel's nurse at 785-842-7200. Coverage verification and prior authorization, as needed, must be obtained prior to your procedure. Failure to provide Lawrence Internal Medicine, PA with up to date insurance information may result in our refusal to submit your claim to insurance.
9. Please be aware your results will be sent to you via your patient portal. You will find the patient portal at [www.medicalofficeconnect.com](http://www.medicalofficeconnect.com). If you have forgotten your username or password, call 785-842-7200 for assistance.
10. In the event you have any questions, you may contact Dr. Kimmel's nurse at 785-842-7200.

NOTE: Due to HIPAA privacy regulations, no use of portable electronic devices is allowed in the endoscopy suite or recovery areas, including cell phone calls, texting, internet use and/or video or audio recording of any kind.

Dr. Kimmel's Office Phone: 785-842-7200  
LMH Endoscopy Center Phone: 785-505-4850